



Santa Clara Medical Center Commuter Guide

www.Eco-Thrive.com

Discover your options

Choose an alternative commute that fits your lifestyle and enjoy the rewards. Try a new commute everyday or just once a week.

Think about the benefits that alternative commuters enjoy. Some experience the health benefits of increased exercise, reduced stress by biking and walking all the way to work or just walking to the bus stop. Others save time, save money, and feel less stressed. Whichever commute you choose, you'll be helping contribute to a healthier community by reducing emissions, reducing traffic, and reducing your carbon footprint.

Incentives

Employee Ride-matching

If you are looking for a carpool partner or vanpool group, contact us or go to www.Eco-Thrive.com. Online you can register to find co-workers who are also looking to share the ride.

Commuter Spending Account

Pay for transit, vanpool fares, or parking using pre-tax dollars. The maximum transit/vanpool benefit (subsidy plus pre-tax amount) is \$230 per month. The maximum parking benefit is \$230 per month. To sign up go to <http://kpnet.kp.net>.

Need Help?

Contact: Michael Benson
Phone: 408-851-0065
Email: Michael.Benson@kp.org

Contact: Sadasiwan Naiker
Phone: 408-851-1024
Email: Naiker.Sadasiwan@kp.org

Carpool

Carpooling is fun and easy. Start carpooling everyday or just once a week, it's up to you. Most carpoolers save money and drive less by splitting the driving and the cost of gas. For help finding a carpool partner, visit www.Eco-Thrive.com and register.

Bicycle

Bicycling is a fun and healthy way to get to work. Store your bicycle in the secure bicycle lockers located across from the ED ambulance bay. Park your bike in a rack at any of the following entrances: ED, Homestead East, Homestead West, or Lawrence Lobby. There is probably a locker room with showers in or near your department, call Security for more information. Visit www.Eco-Thrive.com for links to bicycling classes, bike maps, and other local resources for cyclists.

Walk

Walking to work gets you outside, promotes employee wellness, and saves money. Try walking as a way to begin and end your day feeling more relaxed and stress free.

Ride the Bus

Riding the bus is relaxing, reliable and a great alternative to driving alone. VTA buses #81 and #328 travel directly to the Santa Clara Medical Center and the #23, #101, #182 come within a short one to two mile bicycle ride.

Vanpool

Vanpooling is great for long commutes. Each vanpool has 7-15 members, and the driver usually commutes for free! Passengers read, relax, sleep and enjoy the ride. As a bonus, new vanpool groups are often eligible for rewards from 511.org.

Get started today! Thrive, Don't Drive (alone)

For additional information, go to
www.Eco-Thrive.com